

ACTIVITY BOOK



Water is the most valuable natural resource on earth. We can't live without it. Which means we need to use it wisely and learn as much about it as possible. This book of puzzles and games will test how much you know about H2O. Open your mind and let the info flow. Get water wise!



www.regionalh2o.org

CRACK THE CODE JUL
Just turn on the faucet and water flows. But where does it all come from? Decode the secret messages below to find the source.
VO <vo vj="">OF CFCJ ŁJUOV JOJ FFAOFV. >NFV FV LJŁŁOJ V<fcjlo vj="">OF. </fcjlo></vo>
VEJO VJ>OF LEJOV EFEJ VOLLV <030F >NO





You can't survive without water. Do you know where to find it? Hope so, because this test could make you thirsty. Draw a line to link each question with the correct answer.

Give an example of standing surface water.

About how many inches of snow make up an inch of water?

What type of soil is most likely to allow groundwater contamination?

What are smaller streams that flow into larger streams called?

Of all the earth's water, how much of it is found in the oceans?

Water that runs off hard surfaces is called?

What is a geographical area called where all the water drains naturally to one place?

What is the scientific name for the study of groundwater?

What is the name of an artificial lake that stores water?

What is the name for an underground layer of sand, gravel, or other rock that is a source of groundwater to a well or spring?

Tributaries Aquifer Watershed 97% Reservoir 10 inches Surface run-off Hydrogeology or geohydrology Sandy Lake, ponds, swamps, bogs, marshes

USE WATER WISELY OUTDOORS

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WATER

Find the water-saving tips in this "water wheel." Start in Ring 1 and choose every other word to uncover a one-sentence water tip (hint: read clockwise around each ring twice until you find all of the words in each tip). Then write the tip you've decoded in the spaces below.

2

4

SNI SNO AS Add a shut-off nozzle to your garden hose and save about 5-7 gallons of water each minute that your hose is on.

WHA'S YOUR HIZO IG?

ARE YOU A WATER SAVER? We don't mean the lifeguard kind, we're talking about people who use only the water they need and leave the rest for the fish and Mother Nature (she gets thirsty, too). Answer the following questions and see how you "measure up" as a water saver.

WHEN I BRUSH MY TEETH I ...

- **a.** Only turn the water on to wet my brush and rinse.
- **b.** Leave the water running the whole time.
- c. I never brush my teeth; I prefer "Pearly Browns."

I USE THE TOILET FOR ...

- **a.** The stuff you can't do unless you unzip.
- **b.** Shooting baskets with tissue.
- **c.** My dog's water dish; he loves the extra flavor.

FOR ME, THE SHOWER IS ...

- **a.** A quick dip; I have better things to do than wrinkle.
- **b.** Where I can take time to improve my yodeling skills.
- c. What? Shower and lose my signature scent?

WHEN MY PARENT ASKS ME TO DO THE LAUNDRY I...

- **a.** Make sure there's a full load, before starting the washer.
- **b.** Know the fewer things I wash, the fewer I'll have to fold.
- **c.** Fold the stuff in the hamper and spray it with LysolTM so far they haven't noticed.

DURING THE DAY I QUENCH MY THIRST WITH ...

- **a.** Water that was chilled in the refrigerator.
- **b.** Cold water I got by letting the tap run until cool.
- c. A super-big, super-sugary, and super-caffeinated super-sipper!

WHEN I CAN'T FINISH A GLASS OF WATER I...

- a. Use it to water the plants.
- **b.** Dump it down the drain.
- **c.** Put my grandpa's teeth back where I found them; it was the only glass I could find!



IF YOU ANSWERED ...

MOSTLY "a's":

You're a Water Super Saver! You know water is vital for life, but you don't waste it either.

MOSTLY "b's":

Remember – there's a limited amount of water available for use and you may be using more than your share. See if you can modify a habit or two and turn your "b's into "a's".

MOSTLY "C's":

You may be saving water, but you're lacking serious personal hygiene. It's okay to USE water, just use it wisely! Water is a vital resource and conserving it is smart. Your brain is also a valuable resource. Use it to connect each question with the right answer.

Conserving water is important because it

- a) saves money
- b) helps salmon
- c) we won't have to build more reservoirs
- d) all of the above

How can you save water while brushing your teeth?

Which of the following is the best example of water waste?

- a) washing the driveway
- b) bathing
- c) drinking
- d) fires

How much water does the average family of four use each day?

- a) 400 gallons
- b) 120 gallons
- c) 500 gallons
- d) 50 gallons

True or False: A faucet that is dripping 60 drops a minute will waste about 8 gallons a day or 240 gallons in a month.

True or False: You can use your water meter to check for leaks.



True

400 gallons

a) washing the driveway

Turn the water off

True

d) all of the above

Cover the true/false answers on the right side of this page. Circle T for True and F for False on the left side. Check your answers and see how water smart you are.

KNOW YOUR] = 6

- **TORF** AS AIR RISES AND COOLS, THE WATER VAPOR IN IT WILL CONDENSE.
- **TORF** WHEN THE SUN DRIES UP WATER IN LAKES AND STREAMS, IT COMPLETELY DISAPPEARS.
- **TORF** MOST OF THE EARTH'S FRESH WATER LIES UNDERGROUND.
- **TORF** SNOW ISN'T CONSIDERED PRECIPITATION.
- **TORF** A PERSON NEEDS A LITTLE MORE THAN A 1/2 GALLON OF WATER PER DAY TO LIVE.
- **TORF** WE EACH USE ABOUT 100 GALLONS OF WATER A DAY.
- **TORF** THE WATER YOU DRINK HAS BEEN AROUND FOR MILLIONS OF YEARS.
- **TORF** OF ALL THE WATER IN THE WORLD, 50% CAN BE USED FOR DRINKING.

The tiny drops of water move closer to each other to form clouds. It takes billions of drops to make a cloud!

0,0

- F The sun causes water to evaporate and become water vapor: like when steam rises from boiling water. The water vapor is still there; you just can't see it.
- Most of our fresh water is found in between cracks in rocks and in soil.
- Both rain and snow are ways water returns to the Earth's surface, which is called precipitation.
- **T** Yes! 75% of the body is made of water, so fill it up!
- From brushing our teeth to taking a bath, we each use about 100 gallons of water a day.
- We have the same amount of water today as we did back when dinosaurs roamed the earth and seas. It's the same molecules, they have just been moved around!
- Less than one percent of the Earth's water is fresh and can be used for drinking.

EVERYWHERE AND NOT A DROP TO WASTE!

USE THESE FACTS TO HELP DR. DROP FIGURE OUT HOW MUCH WATER SHE CAN SAVE WHEN SHE GETS READY IN THE MORNING.

WATER USE FACTS AND FIGURES

	STANDARD	WATERSENSE
Flush a toilet:	1.60 gallons	1.28 gallons
Run a bathroom faucet:	2.2 gallons/minute	1.5 gallons/minute
100001		
Take a shower:	2.5 gallons/minute	2.0 gallons/minute

6:32 AM In the bathroom, Dr. Drop turns on a standard faucet to brush her teeth.

How much water would she use if she leaves the water running two minutes?

How much water would she use if she turns the water on for 15 seconds to wet her toothbrush and again for 45 seconds? ______

How much water would she use if she used a WaterSense faucet and turned on the water for 15 seconds and again for 45 seconds? ______

How much less water is this than if she ran the standard faucet for two minutes?

6:35 AM Dr. Drop blows her nose.

How much water would she use if she puts the tissue in the garbage can? ______

How much water would she use if she flushes the tissue down a standard toilet?

6:40 AM Dr. Drop gets in the shower.

How much water would she use if she showers until 7:00 a.m.?

How much water would she use if she takes a short, five-minute shower with a standard showerhead?



brushing	Fill in the blanks below y	vith the words on the left and discover v	what you can do to save water:	
faucets				
leaks		Water during the cool part of the day to avoid Instead of using a to clean off your sidewalk or driveway, use a		
shut-off				
broom	3. Take a	shower in	minutes or less.	
five	4. Run the dishwasher an	nd washing machine with	loads only.	
mulch	5. When washing your ca	r, use a hose with a	nozzle.	
sprinklers		around trees and pla	nts to slow evaporation of moisture	
drip	and discourage weed	Č.		
food coloring		so water lands on the	e lawn or garden, not on your	
refrigerator		or and pipes for	Even the smallest	
teeth		from a worn washer can waste 20		
driveway		for leaks by putting a l		
full		hout flushing, the color begins to appear		
shorter	should be repaired im	mediately.		
toilet		le your	Just wet	
evaporation	your brush and fill a g			
hose		s a Dead bu	gs and used facial tissue should go in	
sidewalk	the wastebasket.	water in the	for drinking instead of latting the	
trash can	tap run until cold.		or anniking, instead of letting the	



Draw a line from each word to its definition.

Transmission System

Distribution System

Groundwater

Water Conservation

Precipitation

Consumption

Potable Water

Treatment Plant

Water Meter

Disinfection

A device used for recording the amount of water passing through a pipe

Water that is fit for consumption

A facility for cleaning and treating fresh water for drinking

Using up goods and services

Large water pipes over 18" in diameter and pumps used to distribute drinking water from the source to the community

Water underground, such as in wells and aquifers

The act of of destroying harmful microorganisms

Pipes; valves to control water flow; and fire hydrants, tanks and reservoirs used in drinking water systems, which deliver water to homes

Saving, not wasting, water

Water vapor falling from the atmosphere as rain, hail, sleet or snow



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YARD DEBRIS ONL

AQUIFER CONDENSATION CONDUIT CONSERVATION CONSUMPTION CONTAMINATION DAM DISINFECTION DISTRIBUTION DROUGHT **EVAPORATION** GROUNDWATER HYDRANT INTAKE IRRIGATION PIPES POTABLE PRECIPITATION PUMP

SOURCE SURFACE WATER TRANSMISSION TREATMENT PLANT VALVE WATER CYCLE WATER METER WATER SYSTEM WATERSHED Circle, in the puzzle below, the water words listed on the left.



Moving across the rows from left to right, use the remaining uncircled letters to fill in the blanks below and reveal the water conservation message. Underground pipes carry water all throughout your community. Can you find the way water flows from the storage tank to the water fountain? Dive in.

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Show what ya' know about H_2O . Draw a line that connects each question with the correct answer. Put your thinking cap on. It might rain.

Name the force that causes water to flow down hill.

When tiny drops of water gather together what do they make?

Which of the following is not part of the natural water cycle?

- a) evaporation
- b) condensation
- c) devaluation
- d) precipitation

As molecules of water freeze do they?

- a) expand
- b) contract
- c) neither a or b

What is water called that is located below the earth's surface in rock crevices?

Find the scientific name for the natural water cycle.

Water evaporating from the leaves of plants and trees is called?

What is the temperature at which water boils in Fahrenheit?

212 degrees

Transpiration

Gravity

Groundwater

A cloud

c) devaluation

a) expand or pull away from each other

Hydrologic cycle

ssword puzzle courtesy of The Groundwater Foundation





1. Layers of soil, sa groundwater.

To contracto de la come una

5. To contaminate, to become unclean.

7. Water that is found underground in the cracks and spaces in the soil, sand and rocks.

9. Groundwater leaves the ground and enters a lake or stream in a _____ area.

10. An example of precipitation.

12. A pipe in the ground that is used to remove water from an aquifer.

13. Water on the earth's surface which moves into a lake or stream without absorbing into the soil.

DOWN

2. The largest use for groundwater is _____.

3. The stage of the water cycle when water changes from liquid to a vapor.

- 4. Clouds are an example of this.
- 6. A long period of dry weather could cause a

8. Part of the water cycle when water soaks into the soil.

11. The movement of water underground is called groundwater _____.

Aquifer - an underground layer of rock, soil and sediment that is filled or saturated with water

- **Condensation** water changing from a gas to a liquid
- **Conduit** a pipe for transporting fluids, such as water

Conservation – saving, not wasting

- **Consumption** using up goods or services
- **Contamination** unfit for use; pollution
- **Dam** a structure built to hold back a flow of water
- **Disinfection** the act of destroying harmful microorganisms
- **Distribution System** pipes, valves to control water flow; and fire hydrants, tanks and reservoirs used in drinking water systems
- **Drought** a long period of dry weather without rain
- **Evaporation** the changing of water from a liquid to a vapor and rising into the air
- **Groundwater** water underground, such as in wells and aquifers



Hydrant – an upright pipe with a spout or nozzle for drawing water from a water main, installed for fire suppression

R

- **Intake** an opening which allows water into a conduit
- **Irrigation** supply water to dry land by way of ditches, pipes or streams
- **Pipes** tubes that convey fluid such as water. Water pipe material can be plastic, copper, ductile or cast iron, or concrete cylinder
- **Potable Water** water that is fit for drinking
- **Precipitation** water vapor falling from the atmosphere as rain, hail, sleet or snow
- **Pump** a machine that assists the flow of water in pipes; used to boost water to a higher elevation
- Reservoir a tank, pond or lake where water is collected and stored until needed
- **Source** a body of water such as a spring or lake that creates a primary water supply
- Surface water precipitation that does not soak into the ground or return quickly to the atmosphere. Surface water can be a stream, lake, river, pond, wetland, ocean or reservoir

- **Transmission System** large water pipes over 18" in diameter and pumps used to distribute drinking water from the source to the community
- **Treatment Plant** a facility for cleaning and treating fresh water for drinking
- **Valve** a device that controls the flow of water through a pipe by opening, closing or obstructing the passageway
- Water Cycle often called the hydrologic cycle; the circulation of water from the sky to the earth and back which includes precipitation, transpiration and evaporation



- **Water Meter** a device used for recording the amount of water passing through a pipe
- Water System a river and all its branches; or a series of pipes, storage tanks, pumps, fire hydrants connected together to deliver water
- Watershed an area of land from which water drains to a single water body like a river



The average water use for a family of four in the United States is 400 gallons of water per day. Here are 5 tips to help you and your family use water wisely at home.

Check your toilet for leaks at least once a year. Do this by dropping toilet dye tablets or 10 drops of food coloring into your toilet tank. Wait 10 minutes, and then check your toilet bowl. If there is color in the bowl, you have a leak.

Let your dishwasher do the work. An average dishwasher uses about 10 gallons per load. Running the average faucet for just four minutes uses the same amount of water.

Take shorter showers. Cutting just one minute from your daily shower can save 75 gallons of water each month. Imagine how much water you could save if everyone in your family does the same!

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(3)

2

Water early in the morning (before 10 a.m.) or later in the evening (after 6 p.m.) when temperatures are cooler and evaporation is minimized.

5

Add a shut-off nozzle to your garden hose and save about 5-7 gallons each minute that your hose is on.







WE USE WATER FROM LAKES AND RIVERS THIS IS CALLED SURFACE WATER

SOME WATER COMES FROM WELLS UNDER THE GROUND, THIS IS CALLED GROUNDWATER,

	R,	WATER USE	FACTS AND	FIGURES
	<u>></u> 9		STANDARD	WATERSENSE
	NOT	Flush a toilet:	1.60 gallons	1.28 gallons
A DROP TO WAST		Run a bathroom		
USE THESE FACTS TO HELP DE		faucet:	2.2 gallons/minute	1.5 gallons/minut
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WHEN SHE GETS READY IN TH	E MORNING.			
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BEL	SUBPACE
	y. Draw a line to link each question with the correct answer.
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- 212 degrees

Transpiration

Gravity

- Groundwate A cloud

c) devaluation

- Hydrologic cycle

a) expand or pull away from each oth

STREAMS C

Show what ya' know about H2O. Draw a line that

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What is water called that is loca

Which of the follo

Find the s











WORD



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To determine how much water your sprinkler system applies to your lawn, do the "tuna can test."

- 1. Set 5 empty tuna cans (or something similar) at various places on your lawn within your sprinklers' range. Place the cans halfway between the sprinklers and the areas that generally receive the least amount of sprinkler water.
- 2. Turn on your sprinklers for 15 minutes.
- 3. Measure the depth of the water in each can and record on a piece of paper.
- 4. Determine the average depth.

For example: can #1 _____ + can #2 _____ + can #3 _____

+ can #4 _____ + can #5 _____ = a total depth of: _____.

Divide the total depth by 5 for an average depth of: _____.

5. Use the chart below to determine your watering times.

Find the average water depth in the tuna cans that you set out with your sprinkler.

The number to the right tells how much time it will take to get 1 inch of water to the lawn during the summer months.

ADJUST YOUR FLOW NUMBER OF MINUTES YOU NEED TO V	- THE "INCH" CHART /ATER TO GET 1" OF WATER PER WEEK		A NS
AVERAGE WATER DEPTH IN TUNA CAN AFTER 15 MINUTES	TOTAL WATERING TIME YOU'LL NEED TO GET ONE INCH OF WATER	Tip	Mr 289
1/8"	120		1/02/1
1/4"	60		
1/2"	30		
3/4"	20		
1"	15		
		V V	



The Regional Water Providers Consortium provides leadership in the planning, management, stewardship, and resiliency of drinking water in the Portland, OR metropolitan region. Get more information and resources at www.regionalh20.org.

www.regionalh2o.org



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